



Icahn  
School of  
Medicine at  
Mount  
Sinai

# 20th Annual Mid-Atlantic Hospital Medicine Symposium Essentials of Hospital Medicine

Friday, October 24, 2025

## Highlights

Learn how to apply the ACC/AHA Perioperative Cardiac guidelines to your patients from international expert Steven Cohn.

Develop your skills and approach to the Decompensating Patient

Update in Infectious Disease provides tips that will change your practice

Become confident in how to use buprenorphine for your patients with Opioid Withdrawal and phenobarbital for patients with Alcohol Withdrawal

Update in Hospital Medicine summarizes the most important studies and evidence for hospitalists from the past year



## Leon and Norma Hess Center for Science and Medicine

The Bonnie M. Davis, MD and Kenneth L. Davis, MD  
Auditorium, 2nd floor

1470 Madison Avenue  
(Between 101st and 102nd Streets)  
New York, NY

An SHM-affiliated Meeting



In collaboration with



<https://mssm.cloud-cme.com/HM2025>

Provided by

Department of Medicine, Icahn School of Medicine at Mount Sinai



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## Planning Committee

### ANDREW S. DUNN, MD, MPH

Professor of Medicine  
Icahn School of Medicine at Mount Sinai  
Chief, Division of Hospital Medicine  
Mount Sinai Health System  
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Director of Hospital Medicine  
Interim Chief of Medicine  
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Director of Quality Department of Medicine  
New York, NY

### DAHLIA RIZK, DO, MPH

Professor  
Icahn School of Medicine  
Chief Division of Hospital Medicine  
Mount Sinai Beth Israel  
New York, NY

## Guest Faculty

### Steven L. Cohn, MD, MACP, SFHM, FRCP

Professor Emeritus  
Department of Medicine  
University of Miami Miller School of Medicine  
Miami, FL  
Clinical Professor of Medicine Emeritus  
SUNY Downstate Health Sciences University  
Brooklyn, NY

## Mount Sinai Faculty

### RACHEL CHASAN, MD, MPH

Associate Professor, Division of  
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### JAMES F. CRISMALE, MD

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### SEAN P. PINNEY, MD

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### JAMES S. SALONIA, MD, FCCP

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Director, Medical and Surgical  
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Mount Sinai West Hospital  
Associate Director of Patient Safety and  
Quality, Institute for Critical Care Medicine  
Mount Sinai Health System  
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Icahn School of Medicine at Mount Sinai  
New York, NY

### GEORGIOS SYROS, MD, MSc

Assistant Professor of Medicine  
Icahn School of Medicine at Mount Sinai  
Director of Electrophysiology  
Mount Sinai Queens and Mount Sinai  
Brooklyn  
Associate Director of Cardiology  
Mount Sinai Queens  
Associate EP Lab Director  
Mount Sinai Morningside  
New York, NY

## Faculty Disclosure

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all accredited CE educational activities. All individuals in control of content of an activity accredited by ISMMS are expected to disclose all their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships are mitigated and disclosed to learners before the activity takes place. All relevant financial relationships have been mitigated.



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## Program Objectives

At the conclusion of this CME activity, the participant should be able to:

- Understand authoritative guidelines and best evidence for cardiac risk assessment for patients undergoing major surgery
- Develop confidence in using buprenorphine to treat patients with opioid withdrawal
- Recognize the appropriate timing to restart anticoagulants for patients with major bleeding
- Discuss rapid and effective care to stabilize your decompensating patients
- Initiate goal directed medical therapy in an optimal sequence for your patients hospitalized with Heart Failure with reduced EF and Heart Failure with preserved EF

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## Who Should Attend?

Cardiovascular Disease, Critical Care Medicine, Gastroenterology, Hospital Medicine, Infectious Diseases, Nephrology, Neurology, Pain Medicine, Palliative Medicine, Pulmonary Disease

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## Accreditation

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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## Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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## Verification of Attendance

Will be provided to all professionals.

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## Course Location

All sessions will be held at The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor 1470 Madison Avenue (Between 101st & 102nd Street) New York, NY 10029

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## Directions and Parking

Go to [www.icaohn.mssm.edu/about/visiting](http://www.icaohn.mssm.edu/about/visiting) The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, call the Office of CME, 212-731-7950.

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## Special Needs

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# **20th Annual Mid-Atlantic Hospital Medicine Symposium Essentials of Hospital Medicine**

**Friday, October 24, 2025**



Come for a day of updates on the essentials of Hospital Medicine and for comradie with colleagues from around the country! Our Hospital Medicine conference is designed to provide the key content you need to expand your expertise in the most vibrant manner possible. Our keynote speaker is national leader in perioperative medicine Steve Cohn, who will describe the cutting edge approach to cardiac risk optimization,

and the Update in Hospital Medicine session will review the studies over the past year that have led to changes in management strategies. Attendees will also sharpen their skills in managing patients with complex anticoagulation scenarios, and hear updates in infectious disease, congestive heart failure, atrial fibrillation, and much more on the core conditions in Hospital Medicine.



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## AGENDA

7:30 – 8:00 AM

### REGISTRATION AND BREAKFAST

8:00 – 8:15 Welcome **Andrew S. Dunn, MD, MPH**

8:15 – 9:00 Update in Perioperative Cardiac Risk Assessment & Optimization **Steven L. Cohn, MD, MACP, SFHM, FRCP**

### RAPID CLINICAL UPDATES I

9:00 – 9:30 Acute Decompensated Liver Failure **James F. Crismale, MD**

9:30 – 10:00 Solving Your Anticoagulation Dilemmas **Andrew S. Dunn, MD, MPH**

10:00 – 10:30 The Decompensating Patient **James S. Salonia, MD, FCCP**

10:30 – 10:45 Panel Q&A

10:45 – 11:00 **Break**

11:00 – 11:45 Inpatient Diabetes Management **David W. Lam, MD**

11:45 – 12:30 PM Update in Infectious Disease **Rachel Chasan, MD, MPH**

12:30 – 1:30 **Lunch**

1:30 – 2:30 Update in Hospital Medicine **Brian A. Markoff, MD**

2:30 – 3:00 Alcohol Withdrawal: Mastering Phenobarbital and More **Samuel Hundert, MD**

3:00 – 3:30 Opioid Use Disorder: Keys to Buprenorphine & Beyond **Michael Herscher, MD, MA**

3:30 – 3:45 **Break**

### RAPID CLINICAL UPDATES II

3:45 – 4:05 Heart Failure with Preserved EF **Tanvir Kahlon, MD**

4:05 – 4:25 Heart Failure with Reduced EF **Sean P. Pinney, MD**

4:25 – 4:45 Update in Atrial Fibrillation **George Syros, MD**

4:45 – 5:00 Panel Q&A

5:00 PM **Adjournment**

6:30-7:30 PM **OPTIONAL SPECIAL TREAT – Free Tour of The Frick Collection**

Join Planning Committee member Dahlia Rizk for a guided visit of this iconic museum on the Upper East side. This visit is capped off at 15 participants. You can sign-up for the session when you register for the conference.



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## **Hess Center for Science and Medicine**

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1470 Madison Avenue (between 101st & 102nd Street)  
New York, NY

## **Online Registration:**

**<https://mssm.cloud-cme.com/HM2025>**

## **REGISTRATION FEES**

Physicians \$200

Allied Health Professionals \$150

Residents, Fellows \$75

Mount Sinai Health System (MSHS) Physicians \$175

Mount Sinai Health System (MSHS) Allied Health Professionals \$75

Mount Sinai Health System (MSHS) Residents, Fellows \*Complimentary

## **Arts in Medicine at The Frick Collection**

**Friday, October 24, from 6:30-7:30pm**

**Group Entrance: 10 East 71st Street, New York City**

Join us for an optional free trip to The Frick Collection! Open since 1935, the museum houses the art collection of Henry Clay Frick in his former Fifth Avenue home. A museum educator will invite participants to look closely at and engage critically with two to three works of art from the Frick's permanent collection, in addition to a brief introduction to the museum's history and its founder. This activity is capped off at 15 participants.

*\*Mount Sinai Health System (MSHS) Residents and Fellows must email: [cme@mssm.edu](mailto:cme@mssm.edu) with a copy of their Hospital ID or letter from their program director for a complimentary code to use during the online registration.*

Cancellation Policy: All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by October 3, 2025. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

**For conference information, please call the Office of CME at 212-731-7950  
or email [cme@mssm.edu](mailto:cme@mssm.edu)**



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The Page and William Black Post-Graduate School  
One Gustave L. Levy Place, Box 1193  
New York, NY 10029-6574

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